

Sexual Conversation Icebreaker/Homework

Fill out alone, then exchange with your lover.

Use the blank spaces for your own ideas.

Dr. Melinda Myers (adapted from Fitzhugh & West)

Activity	Very interested	Maybe, let's talk about it	Probably not	Definitely Not
Sex with a blindfold				
Sex with a vibrator				
Threesomes (or more)				
Lingerie				
Friends with benefits				
Role play and fantasy				
Light bondage				
Sex in high-heels				
Sex while watching porn				
Dirty talk				
Strap-on/pegging				
Voyeurism				
Exhibitionism				
Whip-cream & food play				
Sexting				
Biting (giving or receiving?)				
Mutual masturbation				
Oral Sex (giving or receiving?)				
Anal sex (giving or receiving?)				
Breast/Chest play				
Nipple play				
Tantra/Spiritual Sexuality				
69				
Kama Sutra positions				
Dominance/submission				
Spanking (giving or receiving?)				
Sex outside the bedroom				
Sex outside the house				
Recording sex with a camera				
Particular Positions				
Rough Sex				